

Step One

Print out this sheet, cut and fold along the dotted lines to prevent information being visible

Step Two

Fill in your emergency contact details and medical information.

Step Three

Insert into your tax disc holder.

Share with your family, friends and colleagues **you could help save a life!**

- Use blank circles to add additional information or details about regular passengers.
- You could consider including a passport photo to assist with identifying the correct casualty.
- Address details are optional and we would not advise you include any personal information that you are uncomfortable with sharing.
- Access to health and next of kin information could be critical at the scene of a collision or medical emergency.



Emergency Contact Information

Name: _____

Relation: _____

Tel: _____

Address: (optional) _____

Medical Alert Information

Driver: _____

DoB: _____

Medical Alert:

